

ALCOHOL MISUSE



Product Syllabus:

- What is alcohol misuse?
- Stages of progression
- The experimental stage
- The recreational stage
- Alcohol misuse
- Alcohol dependence
- Signs of dependence
- Causes of alcohol misuse
- Recognising intoxication
- Caring for individuals with alcohol problems
- What is alcohol?
- Alcohol strength
- How alcohol is metabolised
- Effects of alcohol misuse
- Health problems
- The liver & liver failure
- Alcoholic hepatitis
- Cirrhosis
- Fatty liver
- Alcohol and drugs
- Behavioural changes
- Friends and family
- Interventions
- Diagnosis & dual diagnosis
- Recovery
- Stages of recovery
- Abstinence & cutting down
- Treatment
- Detoxification
- Withdrawal
- Medication
- Support groups
- Cravings
- Relapse & lapses

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