

# PRESSURE CARE



## Product Syllabus:

- What is pressure care?
- Types of pressure injuries
- Signs & symptoms
- Causes of pressure wounds
- Friction injuries
- Shearing injuries
- Maceration
- Skin conditions
- Types of pressure ulcers
- Risk factors
- Stages of pressure ulcer development
- Preventing pressure ulcers
- Turning & repositioning
- Tilting
- The 30° tilt
- Safe moving & handling
- Pressure relieving equipment & aids
- Nutrition & pressure care
- Wheelchair users
- Observation
- Pressure care assessments
- Treatment
- Infection control
- The healing process

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